



We hope that you are all keeping well. Hasn't the weather just been glorious which has been such a bonus during these times. Although as we head into summer, it looks like that is due to change – typical!

### **June Birthdays**

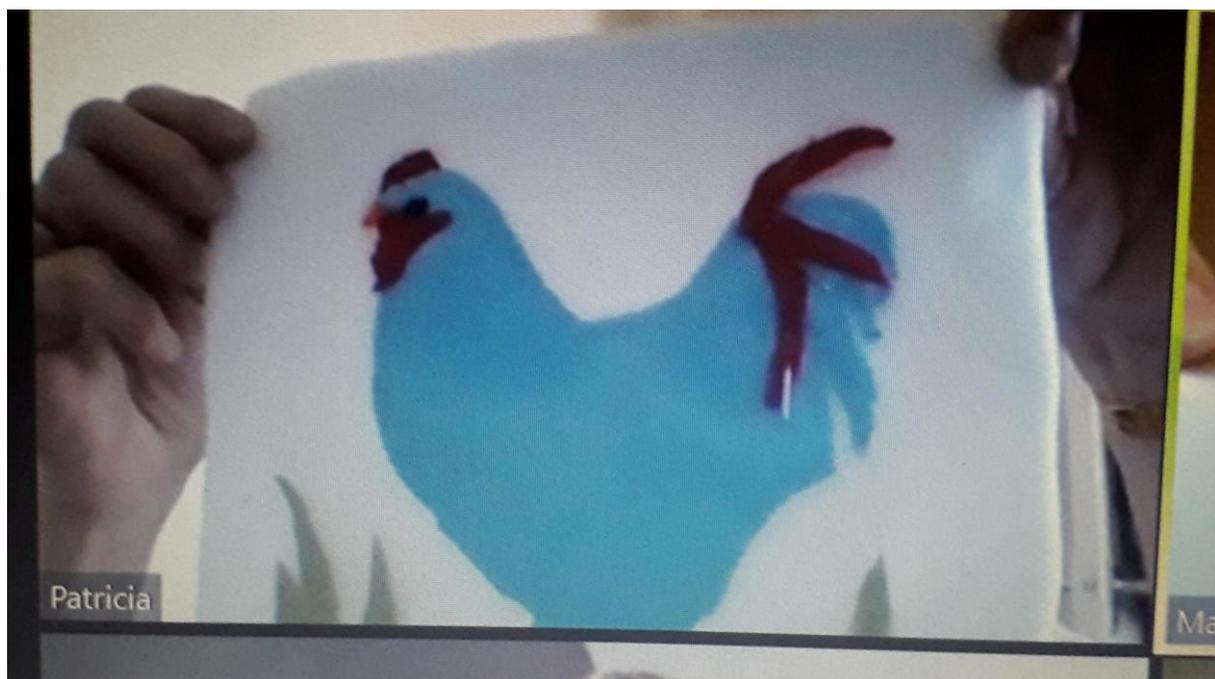
Six of our ladies have birthdays this month so we wish Yvonne Tricker and Hannan, Anne Miles, Janet Gill, Pat Burrows and June Beales very happy birthdays. Marian is organising the cards and pens and just to let you know, she prepares the cards at least a week before posting to ensure they have had a 72 hour quarantine and the envelopes are glued down.

### **Keeping in Touch**

Don't forget to let Marian know if you would like to meet up with other members of our WI on Zoom. It's very straight forward and Marian is happy to talk you through the process. The Committee members very much enjoy their monthly get together for their meetings.

### **Haughley Sewing Project**

Do you fancy having a sewing project to do and have a few scraps of material lying around? Rosemary came across an idea which we thought could be adapted as a project our WI might be able to do in conjunction with the Haughley Knitting Group. The idea is to take a piece of fabric measuring length 22 cm x height 24 cm and to stitch or paint an item onto it. The theme for the item to stitch or paint onto the square is nature so your square could have on it a flower, a bird, an insect, a tree or something else – whatever takes your fancy. When the time is right, we then plan to string all the squares together to form bunting so you will need to allow an overlap at the top to allow for tape to be passed through it which we can hopefully display in Haughley and/or use at any stalls we may have. So do please have a sort through your material scraps and have a go. Once made, please hold on to them for collection at a later date. If you have any questions, please contact Pat Chinery. As an example, here is one Pat C made earlier;



## HAUGHLEY WI 3 JUNE 2020

### **Sewing for the NHS**

You may remember in the May Newsletter the article on a request from Self Raising Flowers WI to make laundry bags from pillowcases for NHS staff, which due to the overwhelming response, they subsequently withdrew the request. Well, while getting in touch with this WI to find out more information, the Pats B and C swung into action and between them made 15! But they have not gone to waste as Sandra contacted Jenny Martin who runs the Chiltern Meadows Nursing Home in Stowmarket asking if they would like the bags and she snapped them up for her staff. Jenny has even given us a thanks on their Facebook page so thanks and well done to the Pats!

Ladies, please do keep in touch and let us know what you have been up to and anything you would like us to include in our Newsletters which should be sent to Marian. You've all gone very quiet and it would be lovely to hear from you. Here are a few ideas to get you started:-

**Thoughts on Lockdown** – how are you keeping yourselves occupied and staying in touch with friends and family?

**Revived Hobbies and Activities** – is there a long neglected pastime that you have made yourself reacquainted with? And if you're looking to get involved in something, why not consider the following:-

### **Haughley in Bloom (HiB)**

The village tubs make a wonderfully colourful addition to the village. The HiB team need help though and are actively seeking more volunteers to help with weeding, watering and generally keeping the various tubs around the village looking attractive and tidy. If you are interested, or would even like to adopt a tub, please contact Yvonne Hannan.

### **Outings**

Sadly, but for obvious reasons, the Committee have definitely cancelled the Fish and Chip evening planned for July and we look forward to doing this in 2021 instead.

### **Group Meeting Ticket Refunds**

For those of you who bought a ticket to go to the "My Tutu Went AWOL" evening in March, June still has the cash from the ticket sales. June is self-isolating so will continue to look after your money until a time when it can be safely returned to you. Thank you for your patience during this time.

### **Subscriptions**

Marian has made enquiries with Gill Denny at Suffolk East Federation of WIs (SEFWI) as to whether there will be some sort of reimbursement due to the cancellation of so many meetings this year. Gill has yet to receive information on this from the National Federation of WIs (NFWI) and will let us know when she does.

### **Wildlife and Garden Photos**

Here's a lovely photo (over the page) from Yvonne H taken from her back garden the cows and one of Erica and her calf plus a beautiful one of the wisteria in full bloom in her garden. Also, one from Marian of the Haughley poppies. What's growing in your gardens and have you been spending a lot more time out there?

**HAUGHLEY WI**  
**3 JUNE 2020**



**Favourite Recipes**

Here's one from Yvonne H

**Melt in your mouth chicken : for 4 people.**

**Ingredients:**

- 1 cup plain yoghurt
- Fresh crushed garlic to taste
- 1 teaspoon salt
- 1/2 teaspoon fresh ground black pepper
- 1 1/2 cups freshly grated cheese – Parmesan if you have it
- 4 boneless chicken breasts

## HAUGHLEY WI 3 JUNE 2020

### Instructions:

1. Preheat oven to 180°C.
2. Lightly oil a 9in x13in ovenproof dish and set it aside.
3. Mix together the yoghurt, garlic, salt, pepper, and 1 cup of the grated cheese
4. Place the chicken breasts in the oiled dish.
5. Spread the yoghurt mixture over the chicken breasts and then sprinkle the remaining 1/2 cup grated cheese over the top.
6. Bake uncovered in the pre-heated oven for 25-30 minutes, or until the chicken is cooked through and the dish is lightly browned on top.
7. Serve immediately with vegetables or salad of your choice

Adapted from:

<https://cookiesandcups.com/miym-melt-in-your-mouth-chicken-breasts/>

### Correspondence

Please see the separate "Stop Press" attachment. And a few others that have come in from Gill Denny at SEFWI:-

Hello everyone

I've had communication from Suffolk Community Foundation, some of you may have spoken to them at the Annual Meeting. The Foundation organises the Suffolk Dog Day at Helmingham Hall, which, of course, isn't happening this year. They asked me to pass on the following information about a scheme for dog walkers:

The launch made the headlines of the EADT yesterday morning and was also on Radio Suffolk. Here is the EADT article

<https://www.eadt.co.uk/news/suffolk-dog-day-2020-event-cancelled-gimme5-1-6673082>

We have built a landing page on our website, specifically for this challenge which should have all the details:

<https://www.suffolkcf.org.uk/gimme-5-challenge/>

I have also attached the thumbnail for social media - please feel free to share and use on your social media, and here is the link to the JustGiving page we have also set up for this campaign <https://www.justgiving.com/campaign/pawpower>

We are at various stages of discussions with other groups such as the Scouts, Guides, and a corporate who we are hoping to partner with to help share this initiative with their members and help spread the word. We would be so thrilled if the WI would be happy to partner with us in this way too. We are hoping to have another couple of radio and EADT slots and ideally we need a few real examples of people who are getting involved. So, if you think there are some key dog walking WI members who would be happy to share their story and help promote this (as well as their WI group!) we'd love to know.

Kate Paul | Community Champions

Suffolk Community Foundation, The Old Barns, Peninsula Business Centre, Wherstead, Ipswich, IP9 2BB, T:07900 681 443

And one from Cactus TV, the makers of Saturday Kitchen and the Richard and Judy Show. Again please see separate flyer attached giving details.

An email from Cedars Park WI which I will forward separately.

### Limerick Competition

Thanks to those of you who have submitted the following entries. Please let Marian know your favourite one so we can declare a winner. Don't forget, points make prizes and your name could appear on our lovely silver cup at the end of the year!

**HAUGHLEY WI**  
**3 JUNE 2020**

*There was a WI  
Whose members were terribly shy  
But one whiff of gin  
And they were all in  
And off their garments did fly.*

*I once had a puppy called Pete  
Who had an unfortunate leak  
I put him outside  
But he only cried  
So I brought him inside for a treat*

*I belong to the W.I.  
Sometimes I ask myself why  
There's a cup to behold  
It's silver I'm told  
So why not give it a try*

*When Covid-19 came to Haughley  
We did not want our WI friends to get poorly  
All over-70's were subsequently told  
That because they were considered quite old  
They had to stay in lockdown until they were  
140!*

*There once was a lady from Haughley,  
They told her she must not get poorly.  
Look after your man,  
The best that you can,  
Til it's safe to come back to Haughley*

*There was a young fellow called James  
With his girlfriend played whimsical games  
One day just for kicks  
He ignited her knicks  
Just to see how she put out the flames*

*I've had a nice shower and I've washed my hair.  
It's decision time now. Let's think what to wear.  
I could put on trousers, or perhaps choose a dress.  
It depends on the weather, I have to confess.  
So, its shorts and a t-shirt and a nice garden chair!*

### **Competition Corner**

How did you do with last month's quizzes? We have another couple of quizzes for you to get stuck into with thanks to Pat B for the Q&As and Yvonne H for the 4-letter word one,.

1. What is the traditional drink on Burns night?
2. What does it mean when food is described as "picante"?
3. Which Dickens character always wears a wedding dress?
4. What does the 'A' stand for in the acronym S.A.S?
5. Pearl Harbour is in which American state?
6. Who was Prime Minister when Elizabeth II acceded to the throne in 1952?
7. What does a numismatist collect?
8. What colour is the background of the Olympic flag?
9. In which year were the first Euro bank notes introduced into the European Union?
10. When did decimilisation start in Great Britain? (month and year)

**Insert a 4-letter word which links both of the two words provided:**

**Example:** Ginger \_ \_ \_ \_ Garden

**Solution:** BEER (Ginger B E E R Garden)

**Note: there may be more than one solution!**

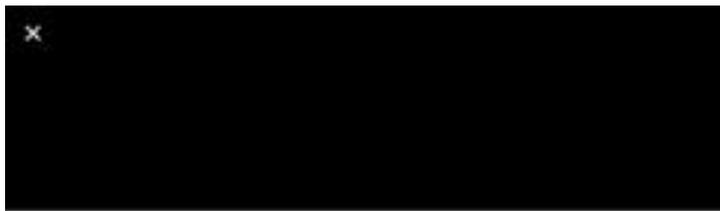
- |             |         |            |
|-------------|---------|------------|
| 1. Wine     | _ _ _ _ | Windermere |
| 2. Potato   | _ _ _ _ | Tone       |
| 3. Rubber   | _ _ _ _ | Tie        |
| 4. Plaster  | _ _ _ _ | Iron       |
| 5. Washing  | _ _ _ _ | Dancing    |
| 6. Cupboard | _ _ _ _ | Letter     |
| 7. Bed      | _ _ _ _ | Office     |
| 8. Mexican  | _ _ _ _ | Power      |

**HAUGHLEY WI**  
**3 JUNE 2020**

9. Cruise	-----	Shape
10. Second	-----	Shake
11. Farm	-----	Soiled
12. Back	-----	Daughter
13. Beauty	-----	Check
14. Funny	-----	China
15. Double	-----	Wag
16. Birthday	-----	Case
17. Sail	-----	Game
18. Holiday	-----	Sick
19. Caravan	-----	Bench
20. Family	-----	House
21. Dessert	-----	Rack
22. Happy	-----	Glass
23. Bush	-----	Engine
24. Royal	-----	Box

Answers at the back of this newsletter – no cheating!!

**Laughter, The Best Medicine**



\* \* \*

And to you all, please keep safe and well and follow the instructions from the Government. For more information and support here again are some trusted sources you can access:-

HAUGHLEY WI  
3 JUNE 2020

[www.nhs.uk](http://www.nhs.uk)  
[www.suffolk.gov.uk](http://www.suffolk.gov.uk)  
[www.volunteersuffolk.org.uk](http://www.volunteersuffolk.org.uk)  
[www.healthysuffolk.org.uk/projects/5-ways-to-wellbeing](http://www.healthysuffolk.org.uk/projects/5-ways-to-wellbeing)

With very best wishes from

*Marian, Doreen, Pat B, Pat C, Yvonne, Sandra, Veronica and Rosemary*

**Pat B's Quiz Answers**

Q1. Whisky. Q2. Spicy. Q3. Miss Havisham. Q4. Air. Q5. Hawaii. Q6. Winston Churchill.  
Q7. Coins. Q8. White (blue, yellow, black, green and red). Q9. 2002. Q10. February 1971.

**4-letter word quiz : Suggested Solutions**

1. Wine	<u>LAKE</u>	Windermere
2. Potato	<u>SKIN</u>	Tone
3. Rubber	<u>NECK</u>	Tie
4. Plaster	<u>CAST</u>	Iron
5. Washing	<u>LINE</u>	Dancing
6. Cupboard	<u>LOVE</u>	Letter
7. Bed	<u>POST</u>	Office
8. Mexican	<u>WAVE</u>	Power
9. Cruise	<u>SHIP</u>	Shape
10. Second	<u>HAND</u>	Shake
11. Farm	<u>SHOP</u>	Soiled
12. Back	<u>STEP</u>	Daughter
13. Beauty	<u>SPOT</u>	Check
14. Funny	<u>BONE</u>	China
15. Double	<u>CHIN</u>	Wag
16. Birthday	<u>SUIT</u>	Case
17. Sail	<u>AWAY</u>	Game
18. Holiday	<u>HOME</u>	Sick
19. Caravan	<u>PARK</u>	Bench
20. Family	<u>TREE</u>	House
21. Dessert	<u>WINE</u>	Rack
22. Happy	<u>HOUR</u>	Glass
23. Bush	<u>FIRE</u>	Engine
24. Royal	<u>MAIL</u>	Box