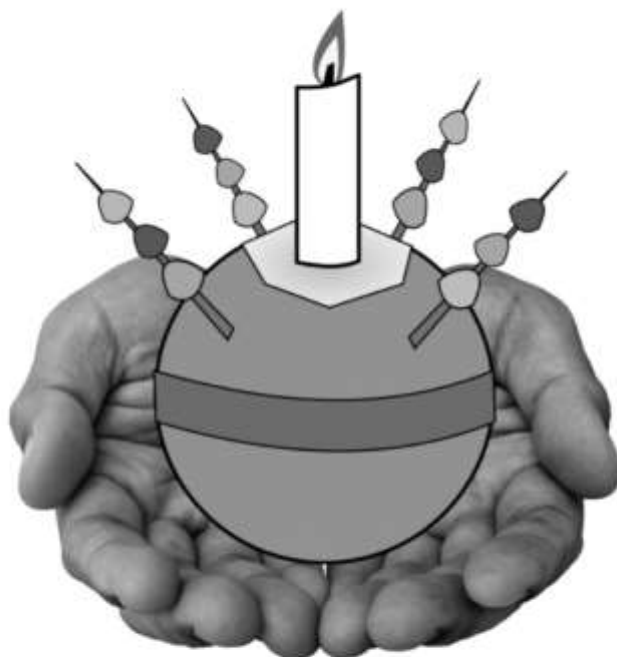


HAUGHLEY CHURCH



CHRISTINGLE

Sunday 1st December
4.00pm

make one at the service,
light the candle & sing a carol!

DECEMBER/JANUARY 2024/25

PALMERS BAKERY **HAUGHLEY**

Established 1869 – Over 150 Years of Excellence
**TRADITIONAL HIGH CLASS ARTISAN
FAMILY BAKERS & CONFECTIONERS**



The White House & Haughley Village Green – affectionately known as 'The Ark', The White House has been the official Palmer Family Residence for six generations since 1892 and was built in 1527 by Roger Bell and known as Crown Hall

**FRESH BREAD & CONFECTIONERY BAKED DAILY BY CRAFTSMEN USING LOCAL
INGREDIENTS & BAKED IN ANCIENT BRICK OVENS**



01449 673286



The Village Green~ Haughley

Largest Stockist of Tiptree Jams & Marmalades in East Anglia.

Suffolk Honey, Free Range Eggs, Groceries & Local Produce.

Freshly Made Sandwiches & Filled Rolls - Hot Drinks & Bacon Rolls

*Also at Stowmarket, Woolpit, Stanton and
Brett's Bakery Needham Market & Freshfills of Claydon*

*Seven Generations of Baking, Tradition & Service for Over 150 years
Through the Reigns of Seven Monarchs*



"MERRY CHRISTMAS & A HAPPY NEW YEAR"



Christmas at Wetherden

Saturday 7th December

WETHERDEN
VILLAGE HALL

Christmas MARKET

LOCAL CRAFTS & PRODUCE
FESTIVE GIFTS & DECORATIONS

10AM-3PM FREE ENTRY

SUPPORT LOCAL



MAYPOLE INN

MULLED WINE

Enjoy a glass of mulled wine or
other festive drinks

FROM 11AM

SUPPORT LOCAL

WETHERDEN
BAPTIST CHURCH

Santa SEARCH

HELP SANTA FIND HIS GIFTS
Follow the clues around the village
& get a chocolate treat at the end

10AM-12PM || £1.50 PER CHILD

HOT & COLD DRINKS
CAKES & CRAFT MAKING



DATES FOR THE DIARY - 2024/25



DECEMBER

Sun 1st	Christingle, Haughley Church	4.00pm
Sun 1st	*Haughley Hoofers Clog Dancers, Haughley Village Hall	7.30pm
Sat 7th	*Christmas Community Café, Haughley Village Hall	10.00am
Sat 7th	*Christmas at Wetherden	
Sat 7th	*Film Nights: "Hail Caesar", Haughley Village Hall	7.00pm
Sun 8th	*Haughley Hoofers Clog Dancers, Haughley Village Hall	7.30pm
Tues 10th	Bingo, Haughley Pavilion	7.00pm
Wed 11th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm
Sun 15th	*Haughley Hoofers Clog Dancers, Haughley Village Hall	7.30pm

2025

JANUARY

Sat 4th	*Film Nights: "Finding your Feet" - Haughley Village Hall	7.00pm
Sat 11th	*Elvis is in the Building - HUFC Pavilion	7.00pm
Tues 14th	Bingo, Haughley Pavilion	7.00pm
Wed 15th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm
Wed 29th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm

FEBRUARY

Sat 1st	*Community Café, Haughley Village Hall	10.00am
Sat 1st	*Film Nights: TBC Haughley Village Hall	7.00pm
Sat 1st	*Quiz Night - Haughley Pavilion	7.00pm
Tues 11th	Bingo, Haughley Pavilion	7.00pm
Wed 12th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm
Wed 26th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm

MARCH

Sat 1st	*Community Café, Haughley Village Hall	10.00am
Sat 1st	*Film Nights: TBC Haughley Village Hall	7.00pm
Tues 11th	Bingo, Haughley Pavilion	7.00pm
Wed 12th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm
Wed 26th	Haughley Singing for Wellbeing, Haughley Village Hall	7.30pm

APRIL

Sat 5th	*Community Café, Haughley Village Hall	10.00am
Sat 5th	*Film Nights: TBC Haughley Village Hall	7.00pm
Tues 8th	Bingo, Haughley Pavilion	7.00pm

MAY

Sat 3rd	*Community Café, Haughley Village Hall	10.00am
Sat 3rd	*Film Nights: TBC Haughley Village Hall	7.00pm
Tues 13th	Bingo, Haughley Pavilion	7.00pm

* See advert for further details

Monday's from 10am - 12noon

'Coffee & Chat'



At the
Green Room,
Haughley
Village Hall

Open every Monday morning throughout
the winter months.

Serving coffee, a selection of
teas or hot chocolate.

EVERYONE WELCOME!

CHILDREN'S SOCIETY CHRISTMAS CARDS

Children's Society Christmas cards are on display in the porch of St Mary's Church, Wetherden.



Why not come to see the wide range of cards on offer?

You can place an order there and then.

Your chosen cards will be delivered to your home with no charge for post or packing.

If you have difficulty getting to the Church, contact me and I can bring a selection to you.

And don't forget that every card you buy will help a disadvantaged child.

Have a Happy Christmas!!

Elizabeth Elbourne

Tel 01359 245118

Email lizhel44@gmail.com

WETHERDEN VILLAGE HALL

There were just under 7 tables in play at our Whist Drive held on Friday 8TH October

Our Special Christmas Whist Drive will be held on Friday 13th December at 2pm. Why not stay ahead of the pack, and come along???? You will be sure of a festive welcome!



HAUGHLEY CHRISTMAS RAFFLE

1st prize - £100

2nd prize - £50

3rd prize - Christmas Hamper

4th prize - Beautiful Patchwork Quilt
(Handmade & donated by Marianne Mollett)

TICKETS ON SALE

At Haughley Post Office
and the Community Café
(1st Saturday of each month)



Draw to take place
at the
Christmas
Community Café

On
Saturday
7th December 2024

HAUGHLEY VILLAGE HALL

CHRISTMAS COMMUNITY CAFÉ



Sat 7th December 10am-1pm

Join us for our Festive Community Café with Mulled Wine and Mince Pies as well as our usual fare. We also have a variety of stalls selling gifts for all.

COME AND JOIN US!

For more information contact :

Lindsey Philpot :

01449 675703/07765886690

The first in a series of articles raising awareness in the community of key ecology issues, by St Mary's Haughley Eco Church Group

UNDERSTANDING THE PROBLEM OF PLASTICS

Single Use Plastics are the Biggest Problem, Especially Packaging

Single-use plastics account for 40 percent of the plastic produced every year. Plastic bags and food wrappers have a lifespan of mere minutes to hours, yet they will persist in the environment for hundreds of years. The packaging sector is the largest generator of single-use plastic waste -in the world. Approximately 36 per cent of all plastics produced are used in packaging. This includes single-use plastic food and beverage containers, 85 per cent of which end up in landfills or as mismanaged waste. Recently, California passed legislation to ban all plastic bags by 2026.

PLASTIC PRODUCTION

Plastic production itself causes pollution and adds to the climate crisis.

- The production of plastic is one of the most energy-intensive manufacturing processes in the world. The material is made from fossil fuels such as crude oil which are transformed via heat and other additives into a polymer. In 2019, plastics generated 1.8 billion metric tonnes of greenhouse gas emissions - 3.4 percent of the global total

EXPONENTIALLY INCREASING ...

Plastic production is increasing exponentially and therefore so is plastic pollution.

- Half of all plastics ever manufactured have been made in the last 20 years.
- Production increased exponentially, from 2.3 million tons in 1950 to 448 million tons by 2015.
- Production is expected to double 2050.

PLASTICS DO NOT DECOMPOSE

Plastics do not degrade but remain the environment; they are not disposed of properly.

- Plastics have long polymer chains to specifically not be biodegradeable.
- Plastics are usually not disposed of effectively but just cast out near the source of use.
- Plastics are not easily recycled.
- If you burn plastic it creates toxic fumes and even more pollution
- It could take 500 years for plastics to break down; some never will, but create microplastics instead

A 2021 study determined that 44 percent of plastic debris in rivers and oceans, and on shorelines, was made up of bags, bottles, and items related to takeout meals.

The Problem of Microplastics

Microplastics are a new health threat. Once at sea, sunlight, wind, and wave action break down plastic waste into small microplastic particles, often less than 5 mm across; microbeads; or microfibrils. Every time synthetic fabrics are washed, the pieces shed tiny plastic fibres; laundry alone causes around 500,000 tonnes of plastic microfibrils to be released into the ocean every year –the equivalent of almost 3 billion polyester shirts.



HAUGHLEY SINGING FOR WELLBEING GROUP

It seems that a lot of people sing in the shower !!
Our group is now so successful we are moving our
meetings into the main hall at the village hall

**OUR NEXT MEETING IS
Wednesday 11th December, 7:30pm start**

DATES FOR YOUR DIARY 2025

WEDNESDAYS

JANUARY 15TH AND 29TH

FEBRUARY 12TH AND 26TH

MARCH 12TH AND 26TH

ALL MEETINGS START AT 7:30PM

**New Singers always welcome
£5.00 per session cash only .. bring a drink**



November was our AGM and time for reflection on what has been achieved and where we go from here.

Last year, on becoming President. Julia Brook said that she would like to develop further the role of our WI in the wider Haughley community. With the help of the Committee and members, we have achieved that.



Our ladies gave their time and effort to baking and running our popular cake stalls and community cafes as in previous years, and individually we support many local organisations. Two of our members initiated a singing for wellbeing group which has exceeded expectations and another member is leading a new walking group.

However, we have also reached out further this year and have initiated the relaunch of Haughley Evergreens, a club for the over 70s in Haughley. Beginning in the first week of office with a (successful) application for grant aid to the Parish Council, followed by another one to the MSDC Localities Fund, one of our members was inspired to run an ABBA night which was a great fundraiser and Elmswell Bingo Club made a generous donation. This enabled us to hold an Afternoon Tea in the village hall with entertainment. There was a real buzz that afternoon as new residents to the village met with those who have lived here a long time. Our WI was congratulated for its organisation and the kind, friendly young women who served the delicious food.

Reading one of our articles in the Haughley Parish newsletter resulted in the landlords of the Kings Arms making a very generous offer to provide Christmas lunch for Evergreen members. (To be reported in the February edition)

We will run Haughley Evergreens for one more year, however, the WI cannot extend the Project any longer, so we will be looking for volunteers to take it forward. If no-one volunteers then sadly it will fold again.

As is normal, members have had fun and built friendships, gone on outings, enjoyed pub lunches, and we have had varied speakers at our monthly meetings. These activities will continue into next year. Talks coming up are on “Witches in and around Suffolk”; An East Anglian wildlife photographer; A demonstration of Tai Chi. Our new Programme Team is working on next year’s programme which begins in April. Already booked are a flower arranger, a fire service officer and the first female bomb disposal officer.

2025 is, however, a very special year...it is our 100th Birthday on 30th October and we are planning our celebrations!

Would you like to join Haughley WI? If you would like to try a “taster” session, contact Jane on 01449 677079

Happy New Year to all our readers,
Julia Brook, Jane Thompson.

Whats on at
your
Village Hall



COMMUNITY CAFÉ
Saturday 7th December 2024
Christmas Café 10am–1pm

Saturday 4th January 2025
Community Café 10am-12noon

‘Coffee & Chat’ at the Green Room
Mondays from 10am-12noon
(See Separate ad for further details)

FILM NIGHTS - Doors 7pm for 7.30pm start
Admission £5 including refreshments

Saturday 7th December 2024 – ‘Hail Caesar’ starring Josh Brolin, George Clooney, Alden Ehrenreich, Ralph Fiennes, Jonah Hill, Scarlett Johansson, Frances McDormand, Tilda Swinton and Channing Tatum. An all-star comedy set during the latter years of Hollywood’s Golden Age.

Saturday 4th January 2025 – ‘Finding your Feet’ British Romantic comedy starring Celia Imrie, Joanna Lumley, Imelda Staunton, Timothy Spall.

Saturday 1st February 2025 - TBC

* Haughley Village Hall Management Committee are looking for people to join our friendly committee. If you are interested in joining please contact Lynne Mahon - 07941116240

*To find out more about ‘What’s On’ at Haughley Village Hall visit our webpage at Haughley.org.uk



Chairman: Mr Tim Hart
Secretary: Vacant

Vice Chair : Mrs M Buttle
Email: acsargent48@gmail.com

Every year the residents of Haughley and surrounding areas come out in force to remember the fallen, this year was no exception. The branch gathered at the village post office with members of the village, Haughley and Wetherden Scouts and explorers with representatives of Haughley Youth Football club and pre-school. Scouse as he is affectionately known led the smart walk from the post office, past the revamped war memorial and into the church where we were met by Rev Stephen. The two minute silence was signaled by the last post and reveille. Rev Stephen gave a short meaningful sermon; notably reading a letter home from a young Tommy.

Like each year, a legion member called out each fallen soldier's name, 41 in total from the village where the beavers and scouts from the village laid a poppy to remember them followed by the extinguishing of a candle. Following the service inside the church everybody gathered around the war memorial for the laying of wreaths and prays. Afterwards some members of the branch went to the Stag Cafe for lunch.

On behalf of the branch and village I would like to extend my thanks to our Vice chair Mrs M Buttle for organising such a heartfelt remembrance service for 2024, our dedicated Poppy appeal collectors and organiser, Mr T Hart.

We would like to take this opportunity to thank everyone for their support in 2024 and wish you all a very merry Christmas and a happy new year.

Socials 2024

12th December

Socials 2025

9th January

13th February

13th March

10th April

8th May

12th June

10th July

14th August

11th September

9th October

13th November

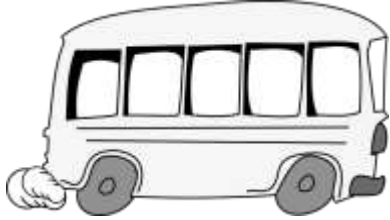
11th December

*All socials are held in the football club from 7.45pm.

To view our full calendar of events go to our website:

www.britishlegion.org/branches/Haughley Or search
[Haughley Royal British Legion](#)

www.thehaughleywarmemorial.wordpress.com



BUS SERVICES

The Mid Suffolk TaxiBus (sponsored by Mid Suffolk District Council) has commenced operating with two circular routes that pass through Haughley, both starting and finishing in Stowmarket. One circular route is via Bacton, operating on Monday, Wednesday and Friday. Service TBO3b passes the Green in Haughley (stopping by Palmers) and goes via Haughley Green (stopping opposite New Bells Lane)

A separate circular route is via Thurston operating on Tuesday, Thursday and Saturday. Services TBO2a, TBO2b and TBO2c pass through Haughley (stopping by Palmers).

Booking Online at www.suffolktaxibus.co.uk or call **01449 866866**. We were informed that pre-booking is not expected to be essential.

Dan's Coach Travel have advised that there are new bus timetables as from Monday 2nd December. Service DB1 operates between Bury St Edmunds and Stowmarket (both ways) Monday to Friday, with stops at Haughley New Street, Haughley by the church and Haughley by the Co-Op. Timetable enquiries **07429 312227**. www.danscoachtravel.co.uk

Further details for both services on appropriate notice boards.

CAN YOU HELP?

HAUGHLEY PARISH NEWS NEEDS A
DISTRIBUTOR FOR THE
BIXBY AVENUE AREA.

If you can spare some time or would like
further information please contact:

David Bryant on

01449 774657 Or email

dlbryant@btinternet.com

HAUGHLEY PARISH COUNCIL MEETING
19th November 2024 at the Ron Crascall Pavilion



Public Forum – There were no concerns raised in the public forum

Actions – Updates include the Village Green kerbs - the contractor will confirm a date to start these works early in the new year/ statements and evidence have been collated regarding horse safety signs for Haughley Green and will be reviewed before sending to SCC Highways/New Planters, Strimming and moving the grit bin(harvest close) have all been arranged/An additional solar SiD has been delivered and an additional post ordered to site at Haughley Green.

County Councillor Andrew Stringer – SCC have announced extra funding to deliver phase 1 of works identified in flood investigations following Storm Babet. An extra £20m has been requested from Govt. for future prevention. Environment Agency & Sizewell C have also contributed to works and concerns raised about coastal erosion & climate change. You should be aware that if you have a stream or watercourse on your land, you have responsibilities to mitigate against flooding. For advice visit 'Riparian ownership' at Suffolk.gov.uk. NHS Integrated Care Boards (ICBs) are looking at improving access to GPs using technology, training & retention improvements. SCC will write to Govt. requesting a reversal to the decision to cut the eligibility for the winter fuel payment for pensioners. For extra support homeowners can register for a loan to undertake energy efficiency upgrades at <https://www.lendology.org.uk/warm-home-suffolk-loan>. A review of highways processes is being undertaken to ensure poor quality footways are made safer for pedestrians to use. The council has also produced fifteen 'Area Transport Plans' and a 'Suffolk Local Cycling and Walking Infrastructure Plan' more information available on [Suffolk.gov.uk](https://www.suffolk.gov.uk)

District Councillors Rachel Eburne & Janet Pearson – Stowmarket Town Centre regeneration to include the appearance of the Town. The Living Well in Winter Grant Scheme is aimed at supporting people to thrive over the winter months. DWP has issued a reminder that eligible households can receive Cold Weather Payments when the temperature is predicted to be, below zero for seven consecutive days. The Taxibus service, has now launched. Haughley is served by the circular route via Bacton (route TB03) booking at [suffolktaxibus.com](https://www.suffolktaxibus.com). Free trees, hedging & wildflower seeds are available for schemes that deliver benefits both to biodiversity and the public – search 'Trees & wildflowers' at Suffolk.gov.uk for more information.

Planning – Councillors reviewed and agreed responses to the following planning applications:

DC/24/04412 - Full Planning Application - Erection of 1no. Dwelling Location: Old Bells Farm, Wassicks Lane, Haughley, Stowmarket Suffolk IP14 3NP – **No additional Response offered**

SCC/0127/23MS & SCC/0084/20MS/VOC2 – Northern extension to Lawn Farm Quarry for the extraction, processing, sale and distribution of sand and gravel and subsequent restoration & variation of conditions - **Reiterate previous objections/ comments and to insist that the planning committee makes site visit.**

DC/24/04899 – HSE. Householder Application - Erection of first floor extension to property. Location: Frasers Lodge, Green Road, Haughley, Stowmarket Suffolk IP14 3RA - **Supported**

DC/24/04811 – FUL. Full Planning Application - Erection and siting of fibre exchange telecommunications infrastructure to provide a full fibre (gigabit) to the premises service Location: Land at Spikes Farm, Spikes Lane, Haughley, Stowmarket Suffolk IP14 3QF – **No objections**

Haughley Parish in Bloom – Councillors agreed a quotation to trim grass around the planters in Old Street out of season/no mow schedules so the planters can be seen.

Haughley Parish Christmas Event – 18 Stalls, Santas Grotto & entertainment on the village green for 30 November, plus involvement from our wonderful local businesses & we are all ready for a great start to a very Haughley Christmas!

Traffic Officer – Councillors had noted that a new post has been ordered for Haughley Green to accommodate a Solar SiD device. The Parish Council has purchased a further Solar SiD so all Haughley's SiD devices will now be Solar.

Finance - Councillors agree to defer consideration of the finance report for October 2024 due to the short timescale on handover to a new Parish Clerk.

The Parish Council welcomed the new Parish Clerk & Responsible officer **Mr Joe Winter** from Haughley. Joe has now picked up the reins from the departing clerk Claire Pizzey.

The Parish Council said a sad goodbye to **Councillor Andy Flint** who has sat on the council for 6 years and is taking back his time to pursue other projects. Thank you, Andy, for all the work you have done for the Parish & we wish you well.

The Parish Council welcomed a new councillor to the table, **Mr Tim Peerless** from Haughley Green, who has resided in the Parish since 2017 and is passionate about preserving & encouraging community engagement & participation. He brings a wealth of experience of high-level policies and practice and looks forward to focusing his time on local traffic & planning issues. We can't wait for your assistance Tim!

Contact the clerk for information. clerk@haughleypc.co.uk **Full minutes** will be available on our website and our **next meeting** is: Tuesday 17th December 2024 at Ron Crascall Pavilion at 7.00pm.

Chairman: Gerald Brown (07969 654520) - gerald.brown@haughleypc.co.uk

DISTRICT COUNCILLORS' REPORT - NOVEMBER 2024

Living Well in Winter Grant

The Living Well in Winter Grant Scheme was launched last month. It is aimed at supporting people to thrive over the winter months. The funding is targeted at helping community groups tackle issues prevalent in our communities over the winter months, and exacerbated by the cost of living crisis, such as increased social isolation and decreased physical activity. Up to £2,000 could be applied for, towards new and existing activities to be delivered between December 2024 and March 2025.

Taxi bus

The Taxibus service, supported by the District Council, has now launched. Haughley is served by the circular route via Bacton (route TB03) and the stops are at Haughley Green and at the Green opposite Palmers. Places can be booked in advance via the website [Book Online | Mid Suffolk Taxi Bus](#)

Biodiversity

The District is continuing the scheme of providing free trees, hedging and wildflower seed to applicants across the district, where doing so will deliver benefits both to biodiversity and the public. Now is a great time to submit an application to allow planting, ideally on publicly accessible land, to take place over the next few months. We are particularly keen to support schemes that help connect up existing habitat or benefit wildlife in more urban settings. For more information visit: <https://www.midsuffolk.gov.uk/w/trees-and-wildflowers-scheme>

Locality Awards 2024/25

We still have funding available for Locality Awards for this year and look forward to receiving more applications from eligible groups within the Parish.

<https://www.midsuffolk.gov.uk/web/mid-suffolk/w/locality-awards>

Cllr Rachel Eburne

Rachel.Eburne@midsuffolk.gov.uk
01449 673311

Cllr Janet Pearson

Janet.Pearson@midsuffolk.gov.uk
07928 512592

REMEMBER



**the copy deadline is for the
February 2025 double issue is
Wednesday January 22nd 2025**

Submit to:

The Editor, Oulton Cottage, The Folly, Haughley
Or (preferably) by email:
haughleynews@btinternet.com



HAUGHLEY UNITED FOOTBALL CLUB

PRESENTS

'Elvis is in the building'

with Andy Otley



**Saturday
January 11th 2025**

£3.00 per ticket
Available from Heather,
Haughley Post Office or
Colin: 07708062435

Bar open from 7.00pm

Come and support your local football club
and have a great night out

Ron Crascall Pavilion, Green Road,
Haughley IP14 3RA

HAUGHLEY PLAYING FIELD AND PAVILION NEWS
King George's Field, Haughley charity No. 304761

Christmas lights switch on - We will have mulled wine and mini mince pies again this year and A lucky dip for children. This is a lovely village event, helping us all get into the festive season. We will also do our '**December 50/50 draw**' although it will be 30th November. Renewal for 2025 will be welcomed as will any new members. It is £10 for the year with the quarterly draws in March, June, September and December.

Don't forget to book your team in for our Quiz on the 1st February, see separate advertisement.

CHRISTMAS SHOPPING ONLINE - THE PERFECT OPPORTUNITY TO SUPPORT US WITH NO COST TO YOU.

<https://www.easyfundraising.org.uk/causes/kinggeorgefldhaughley/>

Or go to **www.easyfundraising.org.uk** and select King George's Field, Haughley as your chosen charity.

The Pavilion regeneration project – Following our successful bid to the Parish Council CIL fund we are actively pursuing our enquiries for quotes to compare costs for the various professional fees, design and build estimates, so we have the necessary information to approach grant funders. The National Lotteries community partnership fund has given us some useful advice on how to apply to them and what they will consider funding. Our main focus is approaching grant providers and other avenues of raising funds.

New Security – We have been advised that fold down bollards would be more appropriate due to our setting and for ongoing maintenance purposes and are awaiting quotes for supply installation costs.

I'd like to wish everyone a Happy Christmas and a Merry New Year. Thanks, as usual to all the volunteers who run the clubs and events at the Playing Field and Pavilion all through the year.

Advertising board at the entrance to the Ron Crascall pavilion. If you would like to advertise your business, please contact us via the parish clerk. Clerk@haughleypc.co.uk. The charge will be £250 a year for an A5 size advert, and the money raised will help the upkeep and general maintenance of the Pavilion, playing field and equipment.

Clubs and Regular activities at the Playing Field & Pavilion:

- **Pilates – Kelly Clayden** kellyclayden@googlemail.com
- **Salcerbox – Sally Sally Faiers** sally.faiers@outlook.com 07907115259
Mondays 6.30 – 7.30pm
- **Yoga – Bethany** serenityyogabethany@outlook.com **Wednesdays 9.30-10.30am** Upstairs function room.
- **Heels Your Soul – Paige Taylor** heelsyoursoul.dance@gmail.com
Wednesday evening classes from 6.30pm
- **Bingo Every second Tuesday of the month, 7pm for 7.30pm eyes down.**
This year's dates are 12th November & 10th December, 14th January, 11th February, 11th March, 8th April, 13th May.

- **Royal British Legion** meet every second Thursday at the Pavilion.
- **Beavers, Cubs & Scouts** Carly Banthorpe 07976294616 or Richard Stacy 01449 673311.
- **HUFC** –Senior football contact – Lee Forsdyke 07472902302
- **Haughley Youth Football** contact – Carly Banthorpe 07976294616
- **Bowls Indoor or Outdoor** - contact Peter Mead 07845068679 Indoor Bowls Wendy 07773972746

There are three rooms for hire at the Pavilion:

- Upstairs Function room –Thirza Shaw – trtinker@aol.com or 07786 375441
- Haughley Football club bar room – Ian Wilkinson 01449 773399 or Lee Forsdyke 07472902302
- Scouts Hall or folding table & chairs – Richard Stacy 01449 673311.

Thirza Shaw, Chairman & 50/50 Club Administrator, Email trtinker@aol.com Phone 07786375441

Dogs are welcome at the playing field, however, please keep them on their leads and pick up your dog's poo.

WETHERDEN VILLAGE HALL

WE NEED YOU!

DO YOU HAVE SOME SPARE TIME?

**ARE YOU INTERESTED IN
VILLAGE AFFAIRS?**

**WE NEED NEW MEMBERS TO JOIN
WETHERDEN VILLAGE HALL'S COMMITTEE**

If you are interested, please contact:

Keith Watts on 07528065250

wetherdenvillagehall@gmail.com



British Beauty salon

The place for self-care in Suffolk.

Massage
Facials
Holistic Therapy
Lash Treatments

Tinting
Pedicure
Manicure
Facial Waxing

Upstairs in, The Crown, Church Road, IP14 4BQ

07301246223

@britishbeautysuffolk_

info@british-beauty.co.uk

www.british-beauty.co.uk

The second in a series of articles raising awareness in the community of key ecology issues, by St Mary's Haughley Eco Church Group

THE HARM PLASTICS DO

The threat is everywhere



Plastics and microplastics have spread throughout the globe, from Mount Everest, the highest peak, to the Mariana Trench, the deepest ocean trough. Plastic microfibres have been found in municipal drinking water systems and drifting through the air. Farming uses plastic in everything from seed coatings to mulch film. Recent research suggests more than 100 million pounds of plastic a year enters the oceans from industrial fishing gear alone. The fashion industry is another major user; about 60 per cent of material made into clothing is plastic, including polyester, acrylic and nylon. Every year, about eight million tons of plastic waste escapes into the oceans, carried to the sea by major rivers. That's the equivalent of setting five garbage bags full of trash on every foot of coastline around the world. 'Hotspots' in the oceans can contain nearly two million microplastic pieces per square metre

Plastics harm wildlife

Millions of animals are killed by plastics every year, from birds to fish to other marine organisms (1 million seabirds a year, and 100,000 marine mammals). Nearly 2,100 species, including endangered ones, are known to have been affected by plastics. Nearly every species of seabird eats plastics.

Most of the deaths to animals are caused by entanglement or starvation. Seals, whales, turtles, and other animals are strangled by abandoned fishing gear or discarded six-pack rings. Microplastics have been found in more than 100 aquatic species, including fish, shrimp, and mussels destined for our dinner plates. Stomachs so packed with plastics reduce the urge to eat, causing starvation. Plastics have been consumed by land-based animals, including elephants, hyenas, zebras, tigers, camels, cattle, and other large mammals, in some cases causing death. Cattle can die from consuming plastic bags.



Plastics harm humans

It's no surprise then that scientists have found microplastics in people. The tiny particles are in our blood, lungs, and even in faeces. Exactly how much microplastics might be harming human health is a question scientists are urgently trying to answer.

Additives in plastics are another significant threat

Plastics often contain additives making them stronger, more flexible, and durable. But many of these additives can extend the life of products if they become litter, with some estimates ranging to at least 400 years to break down. In addition to being nonnutritive and indigestible, plastics have been shown to concentrate pollutants up to a million times their level in the surrounding seawater and then deliver them to the species that ingest them.

Want to know more? Look at www.plasticfreefoundation.net , <https://www.wwf.org.uk/fight-plastic-pollution> or www.weforum.org/stories/2021/12/fight-plastic-pollution-innovations

ELMSWELL HISTORY GROUP

Andy Peachey's November talk, "Archaeology on Anglia One's Cable Route", told us that up to 100 **archaeologists** from all over Europe at a site near Woodbridge carefully unearthed a 30-metre-long Neolithic wooden trackway and platform, along with numerous other features. Natural water springs, which are still evident in the area, created conditions that led to the incredible preservation of organic materials such as bone and wood. Initial theories suggest the springs could also have been the reason the area was chosen as a special place, over 4,000 years ago. Beside the platform the skull of an Auroch, an extinct species of large wild cattle, was discovered, and this has been carbon-dated to circa **4,300 BC**. This is significant because, at the time the trackway was built, the skull was already **2,000 years old**, suggesting it was an item of great importance. Substantial numbers of white pebbles, not common in the area, together with a series of white jawbones were also found beside the track, and the positions in which these items were found suggest they were deliberately deposited in a way that had significance to the people at the time. Along the proposed cable route, several more sites were explored where finds included an antler headdress, evidence of different buildings, pieces of pottery (some with trade stamps), and coins. The archaeologists were in attendance for about one year, and all their finds are now held in the council's archive stores, with the hope that they will be on display for everyone to see at some time in the not-too-distant future.



Our **next meeting** at the Wesley Hall, 7.30pm on **12th December**, will be an entertaining evening of live music by talented professional musicians, "Chanters Jigge". Do join us for a 90-minute festive hotpot of carols and seasonal music from across the centuries, sung and played on ancient, traditional and modern instruments. Stamp, clap and sing along to familiar favourites (carol sheets provided), add some atmospheric, contemporary and humorous readings, and enjoy seasonal refreshments – this will be an excellent way to start Christmas! No advance tickets will be issued this year, so our usual amounts (£4 for members or £6 for visitors) to be paid on the door on a first-come-first-served basis. Doors open at 6.45pm – see you there then, in our refurbished warm and welcome Victorian chapel.

Our first meeting of **2025** will be on **9th January**, 7.30pm in the Wesley Hall, and will feature three short talks by our members on their own researches.

May we take this opportunity of wishing everyone a **Happy Christmas** and all the very best for a happy and healthy **New Year**.



For further information about our History Group, please visit our website – www.elmswell-history.org.uk – or contact our Secretary, on 01359-242601

HAUGHLEY & WETHERDEN PARISH NEWS



Would like to thank all our
advertisers and contributors
for their continued support
and wish you all a very

**Happy and
Prosperous
New Year**

BINGO DATES HAUGHLEY PAVILION

Doors Open 7.00pm
Eyes down 7.30pm

2nd Tuesday of the Month

Future Dates:

10th December
14th January
11th February
11th March
8th April
13th May





YOUR INVITATION TO
A VERY HAUGHLEY CHRISTMAS
All Day on 30th November 2024

HAUGHLEY CHURCH
CHRISTMAS FAIR
10:00 - 12:30



Come & shop local for presents! lots of stalls with refreshments, prize draw & lucky dip

HAUGHLEY PARISH
CHRISTMAS TREE
LIGHTS SWITCH ON
EVENT
15:00 - 17:00



Everyone welcome to come & enjoy refreshments, seasonal music & entertainment & under 10's can visit Santa in his grotto with his elves & animal pals

HAUGHLEY WI
70s/80s DISCO
(over 16's)
19:00 - 23:00



Let your hair down at the Disco! 70s/80s Event at the Village Hall (no children)
Tickets available - Julia 07774 560507 or Heather (Post Office)

Remember to also support our amazing local businesses who will be open around the Village Green during the events including: Palmers Bakery, The Kings Arms Village Pub, Maxwell Charnley Room, Pushforward Caf e, The Green Lounge Hair Salon & the Counting House Indian Restaurant

King George V Playing Field Committee

? Quiz Night ?

1st February 2025



7pm for 7.30pm start
At the Pavilion



£8.00 per head, Max 6 people in a team

Supper included Bread & Mild Chilli

Meat or Vegetarian

Raffle Bar open

To book a table please contact

Thirza Shaw 07786375441

Email trtinker@aol.com

Funds in aid of
King George V Playing Field, Haughley



STOWMARKET AND DISTRICT CAMERA CLUB

We held our first October meeting on Monday 7th with an informative and interesting presentation on Garden Photography from professional photographer Kevin Sawford. The first part consisted of images he had taken demonstrating his subject matter (natural history) featuring birds, animals and plants and how they were achieved. The second half then outlined the various settings and considerations when capturing such images.



Perry Andrews
Mirror of an Icon

The Open 1 competition was held on Monday 21st October. Nick Akers ARPS BPE4 had the task of judging some excellent black and white and colour prints whilst also picking a winner from the digital image category. There were several new members entering the

competition for the first time. Congratulations to Broderick Pooley for scoring top marks on his first entry. Top marks were also awarded to: John Paterson, Roy Fidler and Perry Andrews.

For further dates and information please see our website
www.stowmarketanddistrictcameraclub.onesuffolk.net

New members are very welcomed. You do not have to be an 'Expert Photographer' all you need is a camera – any camera and a real interest in using it. Our members use DSLRs, mirrorless, compacts and bridge cameras.

If you are interested in becoming a member, please email

Stowmarketcc@outlook.com
or visit our website.



Trophy Winners
2023-24



Mid Suffolk

The festive season can be a financially challenging time, and often borrowing money or using a credit card to fund Christmas can seem like your only option. But there are steps you can take to keep your spending under control and avoid falling into debt.

The first thing to do is make a budget and stick to it.

Consider who you're buying gifts for, what other seasonal expenses you have, and how much you can realistically afford to spend. Always keep receipts, or ask for gift receipts, in case you overspend and need to return something. And remember that household bills may be higher during this period due to colder weather and spending more time indoors.

If you've built up debt, please don't ignore bills or letters. Speak to the organisation you owe money to, as they may let you pay smaller amounts.

Pay 'priority debts' first, like rent, mortgage arrears, council tax, and energy bills. For other types of debt like credit cards or loans, gather all the information on what you owe, create a budget and contact your creditors to set up an affordable repayment plan. This might seem scary, but it's an important first step.

If your budget just doesn't add up and you need help to afford essentials like bills and food, see what cost of living support is available on the Citizens Advice website.

It's especially important to check if you're eligible for the Winter Fuel Payment, which will now only be paid to those who receive Pension Credit or other means-tested benefits. If you make a claim for Pension Credit by 21 December, you might still receive the Winter Fuel Payment.

If you do find yourself struggling financially during or after the holidays, don't panic. Support is out there, and Citizens Advice can help you understand what's available. We're here to help you find a way forward.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

Our office will be closed between 24th and 27th December and the 1st January. Our Eye and Needham Market outreach services will also not be available on Friday 20th and Friday 27th December.

PARISH CHURCH SERVICES FOR DECEMBER 2024
Benefice of Haughley with Wetherden and Stowupland

Date	Haughley	Wetherden	Stowupland
Sun 1 st December Advent Sunday	4.00 pm Christingle Service	11.00 am Morning Worship	9.30 am Parish Communion
Sun 8 th 2 nd in Advent	11.00 am Benefice Communion	6.30 pm Carols by Candlelight	4.00 pm Christingle
Monday 9 th	2.00 pm. Carols at Mere View		11.00 am. Carols at Steeple View
Sun. 15 th 3 rd in Advent	4.00 pm Carol Service	4.00 pm Christingle	11.00 am Benefice Communion
Sun 22 nd 4 th in Advent	9.30 am Communion Book of Common Prayer (said service)	11.00 am Benefice Communion	6.30 pm Carol Service
Tues 24th Christmas Eve	4.00 pm Nativity production	11.30 pm Benefice Midnight Communion	4.00 pm Crib Service
Wed. 25th Christmas Day	11.00 am Christmas Family Communion	11.00 am Christmas Day Family Service	11.00 am Christmas Family Communion
Sun 29 th	11.00 am Benefice Communion Service at Holy Trinity, Stowupland		

FOUND

After the quiz night held at the village hall on Saturday October 26th
a black jacket was found.

If this jacket is yours or you know who it might belong to
please contact :

Anne : 01449 678040
so that it can be returned to its owner

PARISH CHURCH SERVICES FOR JANUARY 2025
Benefice of Haughley with Wetherden and Stowupland

Date	Haughley	Wetherden	Stowupland
Sun 5 th January	11.00 am Sunday Praise	11.00 am Morning Worship	9.30 am Parish Communion
Sun 12 th	11.00 am Communion Service	11.00 am Morning Service	9.30 am Worship for All
Mon 13 th	2.00 pm Songs of Praise at Mere View		11.00 am Songs of Praise at Steeple View
Tues 14 th	5.00 pm The Pizza team		
Sun 19 th Week of Christian Unity	11.00 am URC/Anglican Service	11.00 am Worship for All	10.30 am United Service at URC for week of Christian Unity
Sun 26 th	9.30 am Communion Said Service Book of Common prayer	11.00 am Parish Communion	6.30 pm Evening Service

**WINNER OF HAUGHLEY CHURCH'S
MONTHLY £40 DRAW:**

Gordon Slack & Janet Sheldrake

The £40 draw is held in the last week of each month.
 Phone 774657 if you would like a ticket:
 £15 for the whole year.

Luke 2 : 9 "An angel of the Lord appeared to them and the glory of the Lord shone around them".

Since the days of Moses, people and prophets have talked about the 'Glory of the Lord'. Isaiah said "The glory of the Lord will be revealed and all people will see it together.

And so it was on the night our Lord Jesus Christ was born. Shepherds were out in the fields keeping watch over their flocks at night, when an angel of the Lord appeared to them and the Glory of the Lord was revealed to them. Here the words of prophets and psalmists came true as people did see the Glory of the Lord.

For on this night, the Glory of the Lord came to ordinary working people whilst they were going about their normal business. This reveals to us that through the love of God, his glory is out there in our everyday world for all of us to see. It is not hidden in some special temple, nor does it require special religious ceremonies. No, the Glory of the Lord is around us and will shine on us.

For us who now love and serve our Lord Jesus Christ, his birth in Bethlehem has opened our eyes to the true nature of God, which is love. The blindfold or veil has been removed so that we can see clearly, we can feel the presence of God with us always, we can see his authority, his power, his love, his caring, his wisdom and his magnitude surrounding us in our ordinary, everyday lives.

May the Glory of the Lord be with you, with your families, friends and with everyone this Christmas time and may it remain with us all throughout the coming New Year.

May God bless us one and all.
Keith Scarff (Elder at Stowmarket URC)

Special cakes for special celebrations



Jean Barker
01359 241135

www.amazingcakesbyjean.co.uk

Would you like to advertise your business?

For advertising rates contact Anne :
01449 678040 or
haughleynews@btinternet.com

New Beginnings

How did we get to December 2024, it only seems a few weeks ago that we were celebrating the 1st of January 2024

At the beginning of December we celebrate Advent Sunday which is the beginning of the church's new year.

Your advent calendar might be hanging in the kitchen or on the back of your bedroom door. Just WAITING to be opened. But Advent is *far* more than just ripping open tiny cardboard doors to get a sneaky mini chocolate or other exciting treat before you go off to school or work.

Advent is an important part of the Christian calendar. It means '*coming*' and it's the period before Christmas which celebrates the birth of Jesus. It is all about preparing for Christmas.

Christianity focuses on the life and teachings of Jesus Christ and Christmas celebrates Jesus' birth - so the Advent period reminds us to remember and prepare for those celebrations. Services will take place, carols will be sung and Nativity plays and Christmas shows will be performed in schools and churches across the Benefice.

Many Advent customs involve counting down the days until Christmas begins. In our churches we have an advent wreath with five candles, one for each of the four Sundays leading up to Christmas Day and one for Christmas Day itself. Sometimes people will have their own Advent candle which they'll burn at home. This burns down gradually as each day passes toward the big day itself. While others look ahead to Christmas by having an advent calendar.

Following on from Christmas and all the celebrations we will then move on to January 2025 with all the fun and festivities that that will bring. I wonder what the new year has in store for you?

You will see from our schedule of services that there is a lot going on over the next few weeks, please check on service times as they may be different from the usual. We look forward to welcoming you to one or more of the many events that the church is involved with over Christmas and the new year.

For some this may be a difficult time, if you would like a home visit then please do get in touch with me and I can organise a visit with someone from the church. Also, if you would like Home Communion we can offer this to you as well.

I would like to wish you all a very Blessed Christmas and a Peaceful New Year
God Bless

Revd. Alison Roberts
(Curate for the Benefice of Haughley with Wetherden and Stowupland)

ORCHARD BARN NEWS



Find out how to make a habitat to encourage biodiversity

If you have never visited Orchard Barn before, why not come and join us on **Saturday 14th December between 10.30 and 12.30** to help us construct a habitat which will attract a diverse range of wildlife over the winter and beyond.

We will be building deadwood screens in our old orchard from wood cut down on our site, which will provide hiding places and nesting habitats for all sorts of birds, small mammals and invertebrates, including hedgehogs looking for a place to hibernate over the winter. As it rots down, the nutrients are recycled back into the earth below, also providing food for insects and habitat for fungi. No experience is needed, just the ability to use secateurs or loppers.



For those who wish to stay on afterwards, there will be a guided tour between 12.30 and 1.00 of our reinstated 1580s Longhouse, which has been constructed using traditional building methods and sustainable materials. You may even be inspired to build a deadwood screen in your own garden and be rewarded with the sight of hedgehogs, frogs, toads and newts using your newly created microhabitat!

To find out more about us and what we do, or to volunteer with us, take a look at our website <http://www.orchardbarn.org.uk>, call Sarah on 07766 054042 or email her at sarah.orchardbarn@gmail.com

Orchard Barn, Ringshall, Stowmarket, Suffolk, IP14 2LY

Learning from the past how to build a greener future

ACKNOWLEDGEMENT

A big thank you to all who donated and helped on the day. An amazing £1672 was raised for Suffolk, Motor Neurone Disease.

Many thanks *Carol Sheppard*



FamilyTrusts

WILLS, TRUSTS & LPAS

I'm Ant Chambers, I own FamilyTrusts - specialising in Wills, Trusts and Lasting Power of Attorney.

I know some aspects can be confusing. Many people are worried about losing their family home to care-home fees, while others are concerned about inheritance tax.

Why not book a free, friendly chat where I can help you think things through with no obligation.

And for your peace of mind, if you do decide to move forward, you'll be dealing with me personally at every point. Advising, drafting and signing.

 01245 974948
07581 553698

 contact@family-trusts.com

 www.family-trusts.com

CHECK THE WEBSITE FOR COMPETITIVE PRICING

SMALL ADS

Deadline for the February issue is
Wednesday January 22nd 2025

- Cottontraders waterproof and windproof full length ladies coat, size XL, with hood. Good condition. £20. 01449 673691
- Pavers ladies white trainers/rose gold velcro fastening size 5, worn few times, good condition, £5 - 01449 678040

All small Ads, max 20 words, should be sent to:
Email: haughleynews@btinternet.com

or

Anne Ardley, Oulton Cottage, The Folly, Haughley IP143NS

he following Terms and Conditions apply to all ads in this section: The Parish News takes no responsibility for the quality, safety, condition or true value of the items placed in the Small Ads Section. The Parish News Editors maintain the power of veto on the suitability of the Adverts. Ads will be placed on a first come first served basis and held chronologically for space in the magazine.

Please note that the 'Small Ads' service has been introduced for the benefit of Haughley and Wetherden residents. Commercial advertisers may advertise in this section on payment of a fee, only if there is no advertising space available elsewhere in the Parish News.



Abbey Proctor
Veterinary Nurse

07982725059

avproctorrvn@gmail.com

Mobile veterinary nurse with over
20 years of experience,
covering Stowmarket & surrounding areas



SUFFOLK

HOME RENOVATIONS LTD

OVER 20 YEARS EXPERIENCE
SPECIALISING IN:
BESPOKE BUILDING PROJECTS
RENOVATIONS & CONVERSIONS.

FULLY LICENSED AND INSURED

OFFICE: 01449 516617 MOBILE: 07889 960758

suffolkrenovations@gmail.com

www.suffolk-home-renovations.uk



FREE ESTIMATES

AVC
Architectural
Consultant



07818 417964

office@avcarchitectural.co.uk

Planning
Building Regs
Structural



BusyB

Quality Dressmaking
and Alterations

A professional bespoke service
from a friendly local dressmaker

Tel: 07753 177703

busyb.alterations@gmail.com

www.busybev.co.uk

Find me on Facebook as 'Bev Busyb'
or Google Maps – search for 'BusyB'



All forms of landscaping and garden maintenance undertaken

- Patios & paving
- Fencing
- Garden edging & retainers
- Decking
- Shed bases
- Grass cutting

For a free quote contact
07931089125

Contact: jblandscapes@gmail.com

Rushbrook's

— CHIMNEY SWEEP —

'Guild of Master Chimney Sweeps' registered Chimney Sweep, providing professional service to ensure your chimney is clean and your home safe.

Services include:

- Open fire, wood burners and Inglenooks swept
- Stoves checked and serviced for efficiency
- Birds nest removal
- Safety Inspections and Smoke Tests
- All work fully insured & certificates issued.

Contact Robert Rushbrook email:

rushbrookschimneysweep@hotmail.com

Tel: 07581 352772 or 01449 612296



MP Plumbing & Heating



OIL BOILER ENGINEERS

From Toilets & Taps To Servicing & Installation

Matthew



**TRADING
STANDARDS**

APPROVED



07901 712 260



@PlumbingAndOil



PROUD MEMBERS OF

Checkatrade.com
Where reputation matters



*From Toilets & Taps
To Servicing & Installation*





Domiciliary footcare home visits:

Nail trimming	Fungal nail
Corns	Verruca
Athlete's foot	Thickened nail
Ingrown toenail	Diabetic footcare
Callus (dry/hard) skin removal	

- Elizabeth Stiff MCFHP MAFHP
Foot Health Practitioner (FHP)
- ☎ 07546 043753
- ✉ info@heeltotoe.co.uk
- ➔ heeltotoe.co.uk
- 📘 facebook.com/heeltotoe.co.uk

BLOMFIELD MAINTENANCE

Gas and Heating Services

BOILERS & HEATING SYSTEMS Service & Repair	COOKERS & HOBS Installation Service & Repair
--	---

LANDLORD REPORTS

Providing local professional gas services for over 30 years

01359 241454 07889 616937



134842

Sji greengrocers Ltd.

Fruit, vegetables and salad delivered fresh to your door every week.

Fresh tasty produce.

Free weekly delivery (on orders over £7), every Wednesday.

No need to be in.

Mixed boxes, build your own box & business to business.

See website for further information.

www.sjigreengrocers.co.uk

01449 257491 / 07786 165402

Sandjirons@hotmail.co.uk

KH

Kevin Hollings KITCHEN STUDIO

Unit 14 Lodge Works,
Stowmarket Road,
Old Newton,
IP14 4EE

01449 257160

info@kevinhollingskitchens.co.uk

www.kevinhollings.com





Roofing Contractor

B.G.R. provides services covering all aspects of roofing work
With over 16 years of experience one of our
Team will be happy to help.
No job too big or small, call today for a free quotation

- Roof repair and maintenance
- Re roofs
- New roofs
- Fibreglass flat roofs
- Gutters
- Leadwork
- Fascia and soffit
- Re pointing

07908551127

b.grimwood.roofing@gmail.com



63 Old Street, Haughley, Nr Stowmarket
Tel: 01449 673366

58 Barton Road, Thurston, Bury St. Edmunds
Tel: 01359 232200

OPENING TIMES

Monday - Friday 8.30pm - 6.30pm
Saturday 8.30am - 11.30am - Haughley Surgery
Saturday 12.00 - 3.00pm - Thurston Surgery

Please telephone to make an appointment
Or visit our website:
www.haughleythurstonvets.co.uk

BREAK
FREE
FROM YOUR
PAIN

Have you been suffering with:

Neck pain □ Whiplash □ Back pain □ Sports injuries
Shoulder pain □ Repetitive strain □ Postural problems
Wrist & hand pain □ Sciatica □ Hip, knee or ankle pain
Neurological disease □ Work related injury □ Arthritis

Come to see our expert physio team
for a **Speedy Recovery**



Gill Yusaf



Dr Ehab Georgy



Chris Forsdyke

Call: 01359 241304

Online: bit.ly/BookaPT



PHYSIO...WITH A DIFFERENCE

StowHealth
Violet Hill Rd,
Stowmarket
IP14 1NL



Mill Carpets & Flooring

Choose from a wide range of Carpets, Vinyls
Luxury Vinyl Tile (LVT) flooring
In the comfort of your own home,
Supplied & fitted or Supply only

Tel : 01449 677280 or 07747403871

Extremely competitive prices,
Free measuring, advice & quotations
Email: millcarpets1@gmail.com



M A Heating Services Ltd



- * Oil, Gas and LPG boiler servicing, replacements and repairs
 - * Repairs to central heating system faults i.e. pumps, programmers and cylinders
 - * Servicing and repairs to Rayburn, Aga Stanley and Esse
 - * Landlord's Certificates
- Telephone: 01379 783427
Wickham Gate, High Street, Gislingham,
Suffolk, IP23 8JD



A.W SERVICE CENTRE LTD

SMALL INDEPENDENT FAMILY RUN
GARAGE OFFERING GENERAL VEHICLE
SERVICE AND REPAIR

CLUTCHES, CAMBELTS, SERVICING,
BRAKES, SUSPENSION, TYRES,
PRE-MOT CHECKS, ARRANGED MOT'S
VEHICLE COLLECTION AND DROP OFF
AVAILABLE ALONG WITH A
COURTESY CAR

CALL NATHAN:
07990687516 or 01449 672241

APPLEWHITES FARM,
FINNINGHAM ROAD,
OLD NEWTON,
STOWMARKET, IP14 4EU



HOME IMPROVEMENTS
Plumbing • Kitchens • Bathrooms

Local. Reliable. Family-run.

For all your plumbing,
bathroom and kitchen needs
contact David Howard

Call: 07917 003 880 / 01449 672844

Email: enquiries@davethefitter.co.uk

Church View, Haughley, Suffolk



Red House Farm Haughley Self Catering Accommodation Caravan Site (with electric hook-ups)

For more information and bookings contact

Red House Farm, Haughley

Tel 01449 673323

www.RedHouseFarmHaughley.co.uk

GRAHAM MOORE ELECTRICAL Ltd

For all your electrical needs

**For a friendly and efficient service
call Graham on**

Tel: 01449 616946 Mobile: 07867 560357

Old Newton

FREE ESTIMATES • ALL WORK GUARANTEED




**The Old Tea Room
Veterinary Surgery** 

For a professional caring service

☎ 01359 241761

Station Road, Elmswell, IP30 9HA

🌐 elmswellvets.co.uk



Scan for more
information



Independent practice with a personal approach

R&Z Electrical



All Aspects of Electrical Works Undertaken

Extra Sockets / Lights
Full / Part Rewires
Consumer Unit Upgrades
Fault Finding & Repairs
Testing & Inspection

All Works Carried Out to Current Regulations
All Works Certified and Guaranteed
Fully Insured
Free Estimates
24 Hour Call Outs

Anthony Allocca

rz.electricalservices@gmail.com

07801990584



**R S A PEST MANAGEMENT SERVICES
HAUGHLEY**

Tel No: **01449-672083**

Mobile **07745-771516**

GAME OVER

For

**Rats, Mice, Moles, Rabbits, Squirrels, Ants, Wasps, Flies, Birds,
Bees, Cockroaches, Bed bugs, Fleas, Woodworm etc..**

30 year guarantee available on timber treatments, damp proofing

Deer & Fox Management

Fully qualified and insured pest control



For a service you can rely on for effective control of farm, garden and households pests.

Members of National Pest Technicians Association

Unmarked vehicles and discreet service



BOLT

Electrical Services

New Build & Extensions • Electrical Repairs
Renovation & Rewires
Consumer Unit Upgrades
Alterations & Additions • Certification
EV charge point installation

Chris - 07969 472540
chris.boltelectrical@gmail.com



DIGITAL

copycentre

For All Your Printing

News letters, Flyers
Booklets - Magazines
Plan Prints up to AO size
B/w, Colour & Scanning
Order of Services
Sewing Patterns
Comb binding
Laminating

Email: info@digitalcopycentre.co.uk

37 Stowupland Street, Stowmarket, IP14 1EG

01449 678100

CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES
- INDUSTRIAL HEPA FILTERED VACUUM
- FULLY INSURED
- INSURANCE RECOGNIZED CERTIFICATES ISSUED
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE
- ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER



TEL: 01359 232335

YOU NEED IT?

CLARKES HAVE IT!

CLARKES
OF WALSHAM LIMITED



ROUGHNECK OX Makita SEALEY

- TIMBER & BUILDING MATERIALS
- GARDENING & LANDSCAPING
- GATES & FENCING
- AGGREGATES
- BESPOKE JOINERY
- TOOLS & HARDWARE

01359 259 259

clarkesofwalsham.co.uk

The Street, Walsham-le-Willows, Bury St Edmunds, Suffolk, IP31 3BA



Huge product range including
 Trees – Shrubs – Roses
 Perennials – Alpines
 Bedding plants.
 Composts – Fertilisers
 Garden Furniture
 Water Features – Ornaments
 Large Range of Ceramic Pots
 Tools – Seeds – Bird care
 And lots more

Just off A14 at Junction 49
 Spikes Lane, Stowmarket, Suffolk IP14 3QD
 Tel: 01449 612559
 Email: info@nareys.com
 www.nareys.com



Auto Perfection (EA) Ltd

Unit 9/10, Thurstons Yard,
 Stowmarket Road, Old Newton, IP14 4EE

Servicing, Repairs, Tyres, Exhausts,
 Air Conditioning Re-Gas
 & MOT Testing

To book an appointment *CALL NOW*

01449 612576

A Friendly Local Garage Offering Excellent Service



4 CLEANRIGHT

TRADING LOCALLY FOR OVER 15 YEARS
 CARPET, RUG AND UPHOLSTERY CLEANING SPECIALISTS



DOMESTIC,
 END OF
 TENANCY
 & COMMERCIAL



7 WE
 CLEAN
 DAYS A
 WEEK!

CARPETS Lounge from £30
 RUGS From £5
 UPHOLSTERY From £25
 MATTRESS From £10

Grade 'B' Clean includes:
 Deodorisers, Conditioners and
 High-performance Clean (optional).
 Grade 'A' Clean includes:
 Fabric Protector (optional).



PLEASE CALL US FOR A FREE QUOTE
TEL 01449 711687
 4cleanright.co.uk

Andrew Bingham

INDEPENDENT FUNERAL SERVICE

Proud to be making a difference in our community

Golden Charter
 Funeral Plans

01449 771666

www.stowmarketfunerals.co.uk

The Nutshell
 Milton Road South
 Stowmarket
 IP14 1EZ



WETHERDEN BABY & TODDLER GROUP



We are a friendly group who meet on
Thursday mornings 9.30-11am
during term time at
Wetherden Baptist Church.

We have free play, craft activities, Bible stories, singing time and refreshments.

We ask for a donation of £1 per family per session to cover costs.

See our Wetherden Baby & Toddlers Facebook page for more information.

Ray Goudy Trailer Repairs

HGVs * Trailers * Cars * Vans * Motorhomes
* Horse Boxes * PSVs

- MOT/ATF Station for all Makes/Models
- Service/Repairs to all Makes/Models
- EBS/ABS for all Makes/Model
- HGV/Trailer brake roller testing facility
- HGV Trailer Hire



Plot 1, Tomo Ind Est, Tomo Rd, STOWMARKET, Suffolk, IP14 5AY

For more details phone, email or check out our web site:

Tel: 01449 673989 E Mail: atf@rgtr.co.uk



www.rgtr.co.uk



VOSA Authorised
Testing Facility



FREE ADVICE!

On all your double-glazing enquiries including:

- 'A' energy-rated UPVC windows
- Doors
- Conservatories
- Rainwater goods i.e. fascias, soffits, guttering and downpipes

Removal and full replacement of the above.

All repair work undertaken e.g. sealed units, window/door handles, adjustments to windows/doors

Replace your old polycarbonate conservatory roofs with 'A' rated self-cleaning glass

Enquiries to:

Michael Brame
(Bacton) 01449 781533
Mob. 07931 784470

TankChange Ltd.

Suppliers & Installers of Oil Tanks.

Family Business with Over 40 Years Experience

Steel & Plastic Oil Tanks available

Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210

Out of hours: 01449 781498

Visit our website @: WWW.TankChange.co.uk

Discounts available to parish magazine readers

PRYKE ELECTRICAL

Tel: 01449 612537

Your local electrical service contractor for expert advice

- Rewiring • New Installation
- Testing and Repair Work
- Electric heating, power, lighting etc.

Unit 5, Glebe Farm
Onehouse, Stowmarket

Email: info@prykeelectrical.co.uk





AP Bowman Decorators Ltd

Professional Decorating Service

Tel: 01473 403137 **Andrew Bowman**
Mob: 07873 760266
andy.bowman27@gmail.com

Quality Decorating Service
Interior & Exterior
Wallpapering

BRIAN DAVISON LANDSCAPING CONTRACTOR

Hard and soft landscaping
Patios, Drives, Paving work
All types of fencing, Sleeper retaining walls
Mini digger work
Tree work and woodchipping
All rubbish cleared
Waste carrier licensed & Fully insured
Local reliable service

Contact Brian at brian_davison@sky.com
mobile 07796 156060
home 01359 241043

JOHN BULL MOTORS LTD

Petrol and Diesel MOT testing,
Servicing, repairs and Diagnostics.

Unit 7B,
Charles Ind. Estate,
Stowmarket, IP14 5AH.

Phone: 01449 774150
Fax: 01449 675898
Email: Johnbullmotors@btconnect.com

Free Collection and Delivery.
Courtesy Car available by prior arrangement.

MARK BUCKLE ELECTRICIAN

J.I.B. REGISTERED
RE-WIRING, EXTRA SOCKETS,
STORAGE HEATING, SHOWERS,
SECURITY LIGHTS

FREE ESTIMATES
NO CALL OUT CHARGE

TELEPHONE 01449 614796
MOBILE 07803 077776

Fed up of running around after your car?

Why not give us the inconvenience – it's part of our service

WE COLLECT AND DELIVER
Servicing, Welding, MOTs arranged
General repairs – shocks, clutches, brakes etc.
Air-conditioning recharged
All work guaranteed

S & P Meta-care

Established 1990

Contact: S. Mayhew, Gipping Rd, Stowupland

☎ (01449) 771102 ☎ (07802) 545737 (Mobile)

Personal Service at Competitive Rates!

PLUMBING

For All Your Plumbing Requirements

Large or Small

Central Heating and Domestic

Contact: Andrew Snowling

Stowmarket (01449) 675440

DIRECTORY

PLACES OF WORSHIP

Parish Churches of Haughley and Wetherden

Revd Alison Roberts - Curate
revalisonr24@gmail.com
01449 613037

www.achurchnearyou.com

Haughley Ch Warden: Dr J Gibson
Wetherden Ch Wardens: Ann Cooke
& Elizabeth Elbourne

The Baptist Church Wetherden

Minister: Hugh Davis: 01359 242435
Secretary: J W Rushbrook:
01359-240118

United Reformed Church, Stowmarket

The Revd Robert Sheard
Secretary: Anne Scarff:
01449 774792

annescarff11356@btinternet.com

Roman Catholic Church of Our Lady, Stowmarket

Fr. Simon Leworthy 01449 612946

PARISH AND DISTRICT COUNCIL

Haughley Parish Council

Chairman: Gerald Brown
Gerald.brown@haughleypc.co.uk
M: 07969 654520

Wetherden Parish Council

Chairman: Cllr Duncan Perry,
email duncp@live.co.uk
Clerk: Christine Mason: 07545783987
wetherdenparishclerk@gmail.com

District Cllr: Rachel Eburne:
01449-673311

Member of Parliament:

Adrian Ramsay: 07534 933 356
WaveneyValleyOffice@parliament.uk

Health Centre, Woolpit :
01359-240298

Health Centre, Mendlesham
(Chapel Rd):01449 767722

Bacton Manor Farm Surgery:
01449-781777

Combs Ford Surgery, Stowmarket
01449-678333

Haughley Crawfords VCP School
01449-673253

Stowupland High School:
01449-674827

Haughley Pre School Playgroup:
07880 738781

Anglian Water: 03457-145-145

British Gas: 0845-609-1122

UK Power Networks: 0800 31 63
105 (power cuts)

Refuse Collection: 0845 606 6067

Wetherden Street lighting:
0800 591055

HALL BOOKINGS

Haughley Village Hall:

Lyn Allum 07837 953266 or email:
lynnallum@hotmail.com

**Maxwell Charnley Community
Room:** booking: 01449 676789

Ron Crascall Pavilion:

Thirza Shaw: trinker@aol.com
or 07786 375441

Haughley Scout Hut:

Richard Stacy 01449 673311

Wetherden Village Hall:

Keith Watts 07528 065250
wetherdenvillagehall@gmail.com or
www.wetherdenvillagehall.com

DOCTORS, SCHOOLS, & ESSENTIAL SERVICES

Citizens Advice Bureau:

01449 676060

Haughley Post Office:

01449 676789

Health Centre, Stowmarket

01449-776000

LOCAL VOLUNTARY CLUBS & ORGANISATIONS

Bellringers Haughley - practice 1st
Mon evening in month

Richard Coe: 07913 588914

Bellringers Wetherden - practice
Tues evening at church:

Basil Hart: 07894555348

Email: MrBHart@hotmail.com

Bowls Club - at George V Playing
Field Haughley:

Tony Offord 07766 216926

Choir Haughley - Thurs evening:
Janet Sheldrake 01449 737247

Mid Suffolk Folk Dance Group:

Ron Coxall Hall 01449 672658

Thursdays Haughley Village Hall

Thursdays 7.30 Wetherden Village
Hall, Margaret/John Doy
01473 742015

H.A.T.S. Haughley Amateur
Theatrical Society:

Lindsey Philpot: 01449 675703 or

Lynne Mahon: 01449 674085

Haughley Football Club:

Ian Wilkinson 07802 647674

or Lee Forsdyke 07472 902302

Haughley History & Parish Archive:

Kieron Palmer: 07583081797

Haughley Hoofers Clog Dancers:
practice Sunday 7.30 at Village Hall,

Gill Brett: 01449-673518

Haughley IT Squad:

haughleyhitsquad@gmail.com

Haughley Parish in Bloom:(HPIB)

Alison Pepper: 07714 415148

alison.pepper@haughleypc.co.uk

Yvonne Tricker: 07415 230088

yvonne.tricker@haughleypc.co.uk

Haughley Royal British Legion:

Branch Chairman:

Tim Hart 01449 613680

**Haughley Singing for Wellbeing
Group**

Lynn Elliston, 07979832980

Haughley and Wetherden

Twinning Association:

Chairman, Roger Tricker

01359 242904

Email: roger@tricker.co.uk

Wetherden Baby & Toddler Group

Sarah Chukwu: 01449 674101

slchukwu37@gmail.com

1st Wetherden & Haughley Scout

Group: Group Scout Leader:

Catherine Winter 01449 781372

catherine.winter@outlook.com

Wetherden FC - Jonathan Lewis

(Manager) 01449-678234 or Trudy

Hooper (Secretary): 01842-754170

Wetherden History Group:

Pat Tuffin 01359 240396.

Wetherden Table Tennis Club:

Dawn Gibson 01359 240 259

Wetherden Tennis Club:

Sonia Jewers: 07900 272877

wetherdentc@gmail.com, or

Graham Hughes: 07807 553943

Whist Drive - monthly, Wetherden
Village Hall:

James Rand 07972 633518

WI Haughley - 1st Wed in month,

7.00pm, in Haughley Village Hall:

Jane Thompson: 01449 677079

**HAUGHLEY & WETHERDEN
PARISH NEWS**

Editorial/Advertising Copy: Anne

Ardley 01449 678040 or email:

haughleynews@btinternet.com

Copy Assistant: Elizabeth Ardley-

Walker

Treasurer– David Bryant

Printing - Digital Copy Centre

01449 678100

H&WPN website: <https://>

www.haughley.org.uk/

**All details correct at time of
printing.
Please inform Editor of any
changes ASAP.**

Eastern Frames

Your Local, Professional Picture Framers
Framing • Photo Printing • Greetings Cards



Needlework Framing Experts
Fast & Reliable Service
Station Rd Haughley IP14 3QP
Tel. 01449 675897
www.EasternFrames.co.uk
Mon-Fri 9am-5pm Sat 9am-12noon

Would you like to
advertise
your business?

For advertising rates
contact Anne :
01449 678040 or
haughleynews@btinternet.com

DISTRIBUTION & DELIVERY

We aim to deliver your copy to your door by the 1st of the month in all weathers. Occasionally we experience circumstances which delay printing and delivery. If you haven't received your copy by the 2nd of the month, please contact:

David Bryant on:
01449 774657 or email
dlbryant@btinternet.com.

Due to the nature of the Parish News we are unable to publish 'letters to the Editor' and whilst we take every care in ensuring that all the information supplied by the deadline is included, we take no responsibility for the content of articles. All adverts are placed in good faith and the H&WPN cannot be held responsible for any work carried out.

JAY NICHOLLS & CO.
SPECIALISTS IN
PERIOD PROPERTY
RESTORATION
*renovation work, all repairs,
alterations, conversions,
roofing, decoration etc.*

Quality Work Guaranteed

01449 781375
07804957190

Complete Building Service

MAIN HALL

- Tables & Chairs to seat 100
- Seats 150 for Close Audience
- The hall is fully heated, with blackout blinds and a new solid beech wood floor
- Access to toilets including disabled
- Door to enclosed garden
- Staging available

Suitable for :

- *Wedding Receptions
- *Parties
- *Private meetings
- *Dances
- *Classes

AVAILABLE FOR
HIRE
HAUGHLEY
VILLAGE HALL

GREEN ROOM

- Tables & Chairs to seat 40
- Hard Floor
- French windows to enclosed garden
- Own kitchenette equipped with microwave, kettle and crockery
- Disabled toilet

To Hire Contact:

Lynn Allum
07837953266

lynnallum@
Hotmail.com

*We currently have an Introductory Offer rate for new local groups

THE OLD READING ROOM

- Tables & chairs to seat 30
- Access to enclosed garden
- Wood Floor
- Black Out Blinds

EXTRA FACILITIES AVAILABLE TO ALL ROOMS

- Free WiFi
- Fully equipped kitchen with oven/hob, 2 large fridges, large hot cabinet, tea urn
- Crockery place settings for 100
- Glasses
- Portable PA system
- Projector & screen



Lamberts Service Station Ltd

www.lambertsservicestationltd.com Email : lamberts.1@btconnect.com

Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260

Mobile: 07834 778116

Car Service, MOT Testing and Repairs

Please visit our website for full list of services.

WORKSHOP

Service all Makes and Models
Air Conditioning
Engine Diagnostics
Fault Finding
Engine Management Lights
Exhausts
ABS

ITEMS STOCKED

Tyres
Batteries
Wiper Blades
Bulbs
Calor Gas

MOT TESTING

MOTS while you wait - By Appointment
Petrol
Diesel
Electric
Hybrids

RECOVERY SERVICE

Home Starts
Breakdown
Accident Recovery

BODYSHOP

Accident Work
Body Work Repairs
Paint Work
Re-Sprays
Welding

FORECOURT SERVICES

Petrol and Diesel
Tyre Pressure and Levels
Checked
Bulbs Fitted While You Wait
Antifreeze Check

**Competitive prices on Tyres - Quotes given
Free no obligation Estimates on work needed**



Find us on Facebook - www.facebook.com/lambertsservicestation



Fox & Co Jewellers of Stowmarket

A traditional Jewellers with a modern touch

🕒 **Specialists in Diamond Jewellery**

🕒 **Gold & Silver Jewellery • Watches & Giftware**

🕒 **Over 2000 Wedding Ring designs**

🕒 **Watch Batteries & Straps Professionally fitted from £3.95**

🕒 **High Prices paid for Gold & Silver!**

🕒 **Second Hand Jewellery • Great Value Jewellery Repairs**



www.foxandcojewellers.com

Tel: 01449 616333

60 Ipswich Street, Stowmarket IP14 1AD (Opposite the Oak Public House)